

ACAI & FROZEN YOGHURT

STEP 1 CHOOSE A BASE (MAX 2)



STEP 2 CHOOSE A BOWL



PEANUT BUTTER
REG \$13.80 SML \$11.80

Banana, strawberry, choc buckinis, coconut yoghurt & peanut butter
GF DF N



BISCOFF
REG \$13.80 SML \$11.80

Banana, strawberry, buckinis & Biscoff
GF



PISTACHIO
REG \$14.80 SML \$12.80

Banana, strawberry, buckinis & pistachio spread
GF N



NUTELLA
REG \$13.80 SML \$11.80

Banana, strawberry, granola & Nutella
N



BERRY
REG \$12.80 SML \$10.80

Blueberry, strawberry, banana, granola & berry sauce
DF N



MANGO
REG \$12.80 SML \$10.80

Mango, granola, coconut yoghurt & mango sauce
DF

BUILD YOUR OWN BOWL

REG \$8.00 SML \$6.00

STEP 2. CHOOSE YOUR FRUIT \$1.50_{EA}

- Banana
- Mango
- Strawberry
- Blueberries

STEP 3. CHOOSE YOUR TOPPINGS \$1.50_{EA}

- Granola
- Buckinis _{GF}
- Goji berries _{GF DF}
- Coconut yoghurt _{GF DF}
- Brownie bites
- M&M's minis _{GF}
- Oreo crumb
- Biscoff crumb _{DF}
- Pistachio crumb _{GF N}

STEP 4. CHOOSE YOUR SAUCE \$2.00_{EA}

- Peanut butter _{GF DF N}
- Berry _{GF DF}
- Nutella _{GF N}
- Mango _{GF DF}
- Biscoff _{DF}
- Pistachio _{GF N}

SMOOTHIES



VITALITY MANGO

\$9.80

GF

Mango nectar, banana, mango, vanilla and coconut yoghurt & vitality fuel



BERRY SKIN GLOW

\$10.80

GF

Apple juice, coconut water, strawberries, raspberries, strawberry yoghurt & collagen



DOUBLE CHOC PROTEIN

\$10.80

GF

Low fat milk, banana, chocolate, vanilla and coconut yoghurt & vanilla protein



BISCOFF PRO

\$10.80

Almond milk, banana, Biscoff, vanilla yoghurt & vanilla protein



BANANA HONEY

\$9.80

GF

Low fat milk, banana, honey, vanilla yoghurt & cinnamon



TROPICAL GREEN

\$10.80

GF DF

Mango nectar, coconut water, banana, mango, passionfruit, spinach & coconut milk

COFFEE

SML \$5.00 REG \$5.50 LRG \$6.00

HOT

CHILLED

LATTE

ICED LATTE

CAPPUCCINO

ICED LONG BLACK

FLAT WHITE

ICED CHOCOLATE

LONG BLACK

ICED MATCHA

HOT CHOCOLATE

CHAI

MATCHA

TEA SML \$4.00 / REG \$4.50 / LRG \$5.00

MILKS

full cream / skim

soy / almond / oat / lactose free +\$0.5

TOASTIES



CHEESE

\$6.40

Cheddar cheese & mozzarella cheese on sourdough



HAM & CHEESE

\$7.40

Ham & mozzarella cheese on sourdough



HAM, CHEESE, TOMATO \$8.40

Ham, mozzarella cheese & fresh tomato on sourdough



CHICKEN PESTO

\$10.40

Chicken, mozzarella cheese, basil pesto, spinach & mayo on sourdough

N

SWAP TO GLUTEN FREE BREAD +\$3.00

V vegetarian GF gluten free DF dairy free N contains/traces of nuts