

SOUTH SEOUL

K O R E A N E A T S

DIETARY & ALLERGEN INFORMATION

At South Seoul, we believe in only using the best quality ingredients to provide you with great tasting products that keep you coming back for more.

With every meal cooked-to-order by our experienced teams, allergen prevention and cross contamination is of top priority to us. We are committed to providing you with the necessary information and transparency so you can make informed decisions about your next menu choice.

This allergen chart is a guide detailing common allergen and ingredient information which you may/may not choose to avoid. In the instance you do have a food allergy or dietary requirement please advise our teams when ordering at anyone of our South Seoul restaurants.

GUIDE

HOW TO READ OUR ALLERGEN GUIDE

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CONTAINS THE ALLERGEN

MAY CONTAIN TRACES OF ALLERGEN

Due to a number of contributing factors including our cooking practices (example; deep frying, grilling, wok-cooking), shared preparation and storage facilities and supplier specifications this product may contain traces of a specific allergen.



ALLERGEN NOT REPORTED IN PRODUCT

A blank space in the table indicates that this product does not contain the specific allergen. However, whilst we take important measures to avoid cross contamination in our operations, we cannot guarantee that any products sold within our kitchens are free from allergens.

V

VEGETARIAN/PLANT-BASED

	Wheat	Fish	Crustacean	Mollusc	Egg	Milk	Lupin	Peanuts	Almond	Brazil Nut	Cashew	Hazel	Macadamia	Pecan	Pistachio	Pine Nut	Walnut	Soy/ Soya/ Soy-bean	Sesame	Barley	Oats	Rye	Sulphites
CHICKEN & WINGS																							
OG Chicken Boneless Thighs	T				T	T	T											T		T	T	T	T
Spicy Boneless Thighs	T				T	T	T											T		T	T	T	T
OG Chicken Boneless Tenders	T				T	T	T											T		T	T	T	T
Spicy Boneless Tenders	T				T	T	T											T		T	T	T	T
OG Chicken Wings and Drumettes	T				T	T	T											T		T	T	T	T
Buffalo Wings and Drumettes	T	*	*		T	T	T											T		T	T	T	T
Seoul Snack Pack	T	*	*		T	T	T											T		T	T	T	T

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	Wheat	Fish	Crustacean	Mollusc	Egg	Milk	Lupin	Peanuts	Almond	Brazil Nut	Cashew	Hazel	Macadamia	Pecan	Pistachio	Pine Nut	Walnut	Soy/ Soya/ Soy-bean	Sesame	Barley	Oats	Rye	Sulphites
FRIED RICE																							
Garlic & Soy Chicken Fried Rice	T	*	*		T	T	T											T	T	T	T	T	T
Sweet & Spicy Chicken Fried Rice	T	*	*		T	T	T											T	T	T	T	T	T
BURGERS																							
Classic Seoul	T				T	T	T											T	T	T	T	T	T
OG Seoul	T				T	T	T											T	T	T	T	T	T
Spicy Seoul	T				T	T	T											T	T	T	T	T	T
Plant Seoul	T	*	*		*	*	T				*							T	*				T

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RICE BOWLS																							
Beef Bulgogi	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T				T
Smokey BBQ Beef	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Pork Bulgogi	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T				T
Spicy Seoul Pork	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Smokey BBQ Korean Fried Chicken	T	T	T		T	T		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Spicy Seoul Korean Fried Chicken	T	T	T		T	T		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Smokey BBQ Panko Prawn	T	T	T		T	*	*	*	*	*	*	*	*	*	*	*	*	T	T	T			T
Spicy Seoul Panko Prawn	T	T	T		T	*	*	*	*	*	*	*	*	*	*	*	*	T	T	T			T
Golden Katsu Chicken Curry	T	T	T		T	T		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Golden Katsu Pork Curry	T	T	T		T	T		*	*	*	*	*	*	*	*	*	*	T	T	T			T
Tofu Bulgogi	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T				T
Spicy Seoul Tofu	T	T	T		T	*		*	*	*	*	*	*	*	*	*	*	T	T	T			T

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SIDES																							
Onion Rings	T					T	T											T					T
Pickles																							*
Slaw					T																		T
Mash & Gravy	T	*	*		*	T	T											T					T
Chips & Gravy	T	*	*		*	T	T											T					T
Chips	*																						
Chicken & Corn Dumplings	T	*	*		T		T											T	T				T
Kimchi		T	T																				
Cinnamon Churro Bites	T	T	*		T	T	T					T				*		T					T

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SAUCES																							
Gravy	T	*	*		*	T												*					T
Cheddar Cheese						T	*											*					T
Garlic Soy	T	*	*		*	*	T											T	*				*
Tangy Mayo					T																		T
Smokey BBQ	T	*			*	*		*	*	*	*	*	*	*	*	*	*	T		T			
Buffalo Spicy Sauce	T	*	*		*	*	T											T		T			T
Garlic Aioli		*			T	*																	T
Bulgogi	T	*			*	*		*	*	*	*	*	*	*	*	*	*	T	*				*
Spicy Bulgogi	T	*			*	*		*	*	*	*	*	*	*	*	*	*	T	*	T			*
Golden Curry	T					T		*	*	*	*	*	*	*	*	*	*	T		T			

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